

LITCHFIELD MONTESSORI SCHOOL

Lower Elementary Supply List

2023 – 2024

Clothing and Footwear

Practical life activities, such as shopping for class supplies or preparing an extra clothing bag are ideal tasks for your Lower El child's continued development. Being familiar with one's personal supplies and items is another great way to build your child's sense of independence and responsibility. We ask that all footwear be both **practical** and **simple** in design; slip on or tie shoes are perfectly fine.

Most importantly, please [label](#) all items!

Extra Clothing Bag

A tote bag containing a **complete** change of seasonally appropriate clothes to be kept at school. (ie. short/long sleeve shirt, sweater, shorts/pants, underclothes, socks). This bag will be sent home at the end of each term to be refreshed for the new season.

Footwear

- Inside shoes/slippers
- Sneakers
- Rain boots

Outdoor Necessities:

We are outside in ALL conditions. Please be sure what your child wears to school is seasonally appropriate for daily outdoor play.

- Outdoor hat
- Sunscreen (optional)
- Bug-spray (optional)
- Water bottle
- Full body rain gear (if possible), otherwise a seasonally appropriate raincoat
- Small lightweight backpack for Outdoor Ed.

Class Supplies

- 24 pack **pre-sharpened** #2 pencils
- 24 pack quality colored pencils (ie. Prang)
- Eraser
- Pencil Case
- Bound blank book (preferably lined) for journal writing
- 9 x 12 spiral bound sketch pad for drawing
- Hand held pencil sharpener (ie. Staedtler)

Physical Education Program

Lower El children meet once a week for their PE class. Because proper shoes are important for their success, we ask that a pair of sneakers are *kept at school* for this purpose.

Nutritious Snacks and Lunches

Once again, practical life activities come into play! Lower El children are more than capable of making their own lunches for school each day. We strongly encourage your child to take on this daily responsibility! Whole food protein lunches that are naturally low in sugar, will fuel and sustain your child's body and mind throughout his/her busy days.

PARENT ALERT: Nut/Sunflower Free Zone

Some students may be severely allergic to tree nuts and/or peanuts. They may have a severe reaction even if their skin comes in contact with the food, or a surface that food has touched. We ask that you do not send nuts/nut butters, peanut butter, sun butter or food cooked in nut oils with your child for lunches or snacks. Please check the ingredients to make sure the item does not contain peanuts, sunflower seeds, tree nuts or nut byproducts such as peanut oil or sunflower seed oil. Thank you