LITCHFIELD MONTESSORI SCHOOL Children's House Supply List 2023 - 2024

Clothing and Footwear

Indoor Shoes:

A pair to be kept at school, specifically for classroom use. In the interest of encouraging independence, please choose shoes that are simple and easy to put on so that your child can put them on and take them off themselves.

- Velcro and slip on are ideal.
 - Examples: Cat & Jack, TOMS
- Shoes with firm backs and a pull tab make for easy slip on.
- <u>Please do not send the following:</u> shoes with laces, clogs/sandals (these are a tripping hazard), or shoes with lights or characters (these are very distracting).

Outdoor clothing:

We are outside in ALL conditions. Please be sure what your child wears to school is appropriate for daily outdoor play.

For Spring and Fall: waterproof rain boots and raincoat

Waterproof suit. Example: Rain Suit

For Winter: warm jacket, hat, mittens, snow pants and winter boots **Please NO umbrellas, these can quickly become a danger to others.**

Extra clothes:

- Two complete sets of clothes appropriate for all weather conditions for the season (Be sure to include underclothes and socks.)
- Additional sets of clothing might be needed for children who are prone to accidents or who are particularly attracted to water work.
- Please provide your child with a bag to send soiled clothes home in. Example: Wet Bag
 We ask that clothes sent home be replaced with a clean set the next school day.

Most importantly, please label all items!

To Bring Daily:

- Backpack or a tote bag
- Full water bottle should be sent in with your child each day.

Classroom Supplies:

\sqcup	1 box, set of 10 Fine Tip Markers, Classic Colors
	1 Container of Watercolors
	2 packages of baby wipes
	1 package, set of 12, Colored Pencils

Full Day Students

Nutritious Lunches:

We encourage whole food lunches that are naturally low in sugar and contain a healthy balance of protein and complex carbohydrates (ie: fruit, veggies, pita, brown rice). Please include an ice pack to keep foods fresh. We do not have access to a microwave. If food is to be eaten warm it should be in a thermos. Please cut grapes and other foods that are a choking hazard, no popcorn please. Please consider a Bento Style Lunch container for your child to use daily, send in child size utensils, and a cloth napkin daily.

Snack:

Each day the children have available to them food preparation exercises such as cheese and apple cutting, as well as our daily snack. Each family shares in providing these groceries for the classroom. Over the years we have arrived at a system that we hope will be both convenient and environmentally conscious. Each Friday, one family will receive the "grocery basket" and a grocery list of items that we will use for the following week's snack and food preparation exercises. A small bouquet of flowers will also be on the list for the children's flower arranging lessons. We will let you know ahead of time which weeks you will be assigned in an effort to help you plan ahead. Please be sure to deliver all groceries on Monday morning at arrival time!

Nap Supplies: (Not applicable to Extended Day)		
☐ Folding rest mat. Example: <u>Kindermat</u>		
☐ Washable mat cover. Example: <u>Kindermat Cover</u>		
(please do not send in crib sheets, they do not fit the mats prope	erly.)	
☐ Child size blanket.		

If your child sleeps with a pillow, please provide a child size pillow. You may send your child in with a small stuffed animal to sleep with, as long as it is silent.

All linens will be sent home at the end of the week for laundering. A tote bag is needed to return nap supplies at the end of the week, no backpacks please.

PARENT ALERT! Nut/Sunflower Seed Free Zone

Some students may be severely allergic to tree nuts, sunflower seeds and/or peanuts. They may have a severe reaction even if their skin comes in contact with the food, or a surface that food has touched. We ask that you do not send nuts/nut butters, peanut butter, sun butter or food cooked in nut oils with your child for lunches or snacks. Please check the ingredients to make sure the item does not contain peanuts, sunflower seeds, tree nuts or nut byproducts such as peanut oil or sunflower seed oil. *Thank you!*