

LITCHFIELD MONTESSORI SCHOOL

Young People's Community Supply List

2023 - 2024

Please note the following items your child will need to have at school: **Please make sure all your child's items are labeled with their initials or name.**

- Four small wallet size photos of your child's face. These will be used by your child to identify their classroom spaces since they cannot yet read their names or the names of their classmates.
- A pair of indoor [shoes](#) to be kept at school, specifically for classroom use. In the interest of encouraging independence, please choose shoes that are simple and easy for your child to learn to put on and take off by themselves. Slip-on, soft-soled shoes with no tongue are ideal. Velcro is also an acceptable option. Please do not send shoes with laces, lights, sounds, characters, clogs, crocs, or sandals.
- Children should be sent in daily wearing the outdoor gear that the local hourly weather forecast calls for. Outdoor [sneakers](#) should be suitable for playground activity. See Ms. Susan's recommended [snow pants](#), winter [boots](#), and winter [gloves](#).
- Two complete sets of clothing. If clothes become soiled, they will be sent home and we ask that you provide a clean replacement the next school day. Please provide elastic waist [pants](#) that your child can put on independently, and [shirts](#) that have sleeves that can easily be rolled up.
- Please provide cotton training [underwear](#) and/or diapers with tabs that open and close. We suggest cotton training underwear to facilitate the toilet learning process. If you have any questions about how to begin this process at home, please contact Ms. Susan via email spatrick@litchfieldmontessori.org
- Please provide a [wet bag](#) to transport the soiled clothes from your child's day.
- Resealable packet of [wipes](#) if your child is still wearing diapers.
- A fresh [water bottle](#) should be sent in with your child daily, and if your child stays for lunch, [here](#) is an example of an insulated lunchbox that is a manageable size to facilitate independence without frustration and has a convenient place for their water bottle. The use of backpacks in YPC is discouraged.
- Full Day Students:**
 - Nutritious Lunches:** We encourage whole food lunches that are *naturally* low in sugar and contain a healthy balance of protein and complex carbohydrates (ie: fruit, veggies, pita, brown rice). Please supply an insulated lunch box with an ice pack to keep foods fresh. Include child sized utensils and a cloth or paper napkin, as well as a bib when necessary. If food is to be eaten warm it should be in a thermos. Please quarter-cut grapes, cherry tomatoes, and any foods that are a choking hazard. No popcorn or fruit snacks please.
 - Nap Supplies:** Children will be using cots for rest time and need a fitted crib sheet and a weather appropriate blanket. You may send your child in with a small stuffed animal to sleep with, as long as it is a silent one. All linens will be sent home at the end of the week for laundering. We do not give bottles or pacifiers at naptime. A tote bag is needed to accommodate nap supplies, no backpacks please.
 - Snack:** Each family will take turns providing the classroom snack for the week. A snack calendar will be given to families the night of the family meeting. Please be sure to deliver groceries on Monday morning at arrival time!

PARENT ALERT! Nut/Sunflower Seed Free Zone ----- >

PARENT ALERT! Nut/Sunflower Seed Free Zone

Some students may be severely allergic to tree nuts and/or peanuts. They may have a severe reaction even if their skin comes in contact with the food, or a surface that food has touched. We ask that you do not send nuts/nut butters, peanut butter, sun butter or food cooked in nut oils with your child for lunches or snacks. Please check the ingredients to make sure the item does not contain peanuts, sunflower seeds, tree nuts or nut byproducts such as peanut oil or sunflower seed oil. Thank you