

LITCHFIELD MONTESSORI SCHOOL
Young People's Community Supply List
2025 - 2026

Please note the following items your child will need to have at school: **Please make sure all your child's items are labeled with their initials or name.**

- Four small wallet size photos of your child's face. These will be used by your child to identify their classroom spaces since they cannot yet read their names or the names of their classmates.
- A soft pair of indoor shoes to be kept at school, specifically for classroom use. In the interest of fostering independence, please choose shoes that are simple and easy for your child to learn to put on and take off by themselves. Slip-on, soft-soled shoes with no tongue are ideal. Velcro is also an acceptable option. Please do not send shoes with laces, lights, sounds, characters, hightops, clogs, crocs, or sandals.
- Children should be sent in daily wearing the outdoor gear that the local hourly weather forecast calls for. Outdoor sneakers should be suitable for playground activity. See Ms. Susan's recommended snow pants, winter boots, waterproof winter gloves (one pair), and mittens.
- Two complete sets of clothing. When clothes become soiled, they will be sent home and we ask that you provide a clean replacement the next school day. Please provide elastic waist pants that your child can put on independently, and character-free shirts that have sleeves which can be rolled up easily.
- Please provide cotton training underwear (and diapers with tabs that open and close if your child is still learning to use the toilet.) We suggest cotton training underwear to facilitate the toilet learning process. If you have any questions about how to begin this process at home, please contact Ms. Susan via remind.
- Please provide a wet bag to transport soiled clothes home and clean replacements back the next day.
- Resealable packet of wipes (only if your child is still wearing diapers.)
- A fresh water bottle should be sent in with your child daily, and if your child stays for lunch, here are some appropriately sized food containers and here is an example of an insulated lunchbox that is a manageable size to facilitate independence without frustration and has a convenient place for their water bottle. The use of backpacks in YPC is strongly discouraged.

● **Full Day Students:**

- **Nutritious Lunches:** We encourage whole food lunches that are *naturally* low in sugar and contain a healthy balance of protein and complex carbohydrates (ie: meats, fish, eggs, veggies, pita, seeds, and fruits.) Please supply an insulated lunch box with an ice pack to keep foods fresh. If food is to be eaten warm it should be in a thermos. Please prepare all food by cutting it into manageable pieces, quarter-cutting choking hazards like grapes, and cherry tomatoes. No popcorn or fruit snacks please.
- **Nap Supplies:** Children will be using cots for rest time and only need a fitted crib sheet and a blanket. You can choose to send a small stuffed animal for your child to sleep with as long as it is silent. All linens will be sent home at the end of each week for laundering, and a tote bag is needed to accommodate these personal rest items. Again, no backpacks please!
- **Snack:** Each family will take turns providing the classroom snack for the week. A snack calendar will be given to families the night of the family meeting, and a list of items needed will be sent out each week via Remind. Please be sure to deliver groceries on Monday morning at arrival time.

PARENT ALERT!**Nut/Sunflower Seed Free Zone**

Some students may be severely allergic to tree nuts and/or peanuts. They may have a severe reaction even if their skin comes in contact with the food, or a surface that food has touched. We ask that you do not send nuts/nut butters, peanut butter, sun butter or food cooked in nut oils with your child for lunches or snacks. Please check the ingredients to make sure the item does not contain peanuts, sunflower seeds, tree nuts or nut byproducts such as peanut oil or sunflower seed oil. Thank you